Maximize Your Savings

By Considering These Best Practices

90 Day Supply / Retail Pharmacy: To help cut costs and increase convenience to **you**, TrueScripts allows 90-day prescriptions to be filled at retail pharmacies nationwide. To obtain a 90day prescription, have your prescribing provider call into your pharmacy of choice with the updated prescription; an office visit is typically not required.

Generic Medications: Generic medications provide quality, cost-effective alternatives to brand medications. Generic equivalents work the same way in the body and have the same ingredients, strength, dosage, and form as their brand-name counterparts. Unless otherwise directed by your doctor, it is a good idea to use generic equivalents when possible.

Over-the-Counter (OTC) Products: Some brand-name prescription drugs have OTC alternatives that are therapeutically identical and are likely a much lower cost option for treating your condition. When talking to your prescriber, ask if an OTC product is available. TrueScripts will also do our part to identify situations where OTC coverage will benefit both you and your health plan.

Coupons & Copay Cards: Several websites, such as goodrx.com, offer large databases of savings opportunities. Please have your pharmacy check pricing through all sources before checking out. If any of those sources provide greater savings, please select that option and submit your receipt(s) via the Electronic Drug Reimbursement form found at www.truescripts.com/members. The amount paid will be applied to your deductible and/or out of pocket, based upon plan structure.

Manufacturer websites also list additional copay assistance programs on their websites. Keep in mind that only copay cards can be used *in addition to* your TrueScripts coverage.

Shop Around: Drug prices can vary significantly by pharmacy location. Use our Drug Price Lookup tool to compare drug prices at more than 70,000 pharmacies nationwide. Please note that prices are subject to change without notice at any time.

Take Medications as Directed: Not taking your medication as directed by your doctor can lead to health complications. This includes missing doses, ending prescribed medicines early, or not taking them at all. If you are unable to afford your medication, please speak freely with your physician to discuss other options.

Questions? Please call and speak to a Member Care Advocate who will answer your questions. **844-257-1955**